ACCESS Health International

MODERN AGING PROGRAM

Chang Liu
Managing Director for Singapore, Mainland China, and Hong Kong

ACCESS Health International
“Wander-ful” device for a grandfather with Alzheimer’s

Safe Wander
safewander.com
Eat Well Dining Set for a colorful and appetising dining experience

Eat Well Dining Set
eatwellset.com
Stabilizing eating utensil for a calming and less frustrating eating experience

Liftware
liftware.com
Virtual / Augmented Reality keeps life stimulating

Nu Eyes
nueyes.com

Rendever
Rendeever.com
Life long learning and inter-generational programs make life purposeful

Old Kids (China)
PROGRAM OVERVIEW:
ACCESS MODERN AGING

An education program and accelerator for entrepreneurs interested in Aging

ACCESS Health International
2017
PROGRAM OVERVIEW:

MODERN AGING ECOSYSTEM

Online Curriculum
Lectures
Networking Sessions
One on One Mentorship
Workshops
Institution Tours
Open Day
Roadshows

ENTREPRENEUR COMMUNITY

Cross-border Exchange

Investors Network
Industry Partners
Mentors Network
Health Innovation Corporate & Leaders Network

RESOURCE POOL

ACCESS Health International

2017
MODULE I: INTRODUCTION

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demographic Change</td>
<td>Showcase of aging population and the</td>
</tr>
<tr>
<td></td>
<td>consequences</td>
</tr>
<tr>
<td>Cultural views on aging</td>
<td>Dealing with aging and ageism</td>
</tr>
<tr>
<td>Businesses and services</td>
<td>Opportunities for business</td>
</tr>
</tbody>
</table>

MODULE II: PHYSICAL VITALITY

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart and veins</td>
<td>Heart failure, infarction, atherosclerosis etc.</td>
</tr>
<tr>
<td>Stroke</td>
<td>Ischaemic, haemorrhagic, living with disability</td>
</tr>
<tr>
<td>Diabetes and metabolic syndrome</td>
<td>Complications, glucose monitoring</td>
</tr>
<tr>
<td>Cancer</td>
<td>Common cancers, surgery, chemotherapy, etc.</td>
</tr>
<tr>
<td>Respiratory diseases</td>
<td>COPD, pneumonia, other infectious diseases</td>
</tr>
<tr>
<td>Bones and joints</td>
<td>Osteoarthritis, fractures, surgical treatments etc.</td>
</tr>
<tr>
<td>Eyes and Ears</td>
<td>Glaucoma, cataracts, macular degeneration, etc.</td>
</tr>
</tbody>
</table>

MODULE III: LIFESTYLE

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>Mobility aids, transportation</td>
</tr>
<tr>
<td>Residential environment</td>
<td>Fall protection, adjustments,</td>
</tr>
<tr>
<td>Work and Purpose</td>
<td>Third career, volunteering, social position, hobbies</td>
</tr>
<tr>
<td>Lifelong learning</td>
<td>How to keep learning,</td>
</tr>
<tr>
<td>Financial resiliency</td>
<td>Financial challenges, inheritance and will, judicial issues</td>
</tr>
<tr>
<td>Food and exercise</td>
<td>The influence on food and exercise on vitality</td>
</tr>
</tbody>
</table>

MODULE IV: MENTAL VITALITY (PLACEHOLDER NAME)

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alzheimer’s and dementia</td>
<td>What is Alzheimer/dementia. How to deal with it?</td>
</tr>
<tr>
<td>Depression</td>
<td>Origins of depression amongst elderly. How to deal?</td>
</tr>
<tr>
<td>Social Connectivity</td>
<td>Loneliness and ways to deal with it</td>
</tr>
<tr>
<td>Mental Illness</td>
<td>Overview of mental illness amongst elderly</td>
</tr>
</tbody>
</table>

MODULE V: CAREGIVING

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthcare systems (including spiritual, and patient centered care)</td>
<td>Overview of health care systems in prominent countries. Also approaches to caregiving.</td>
</tr>
<tr>
<td>Caregiving by family &amp; ‘sandwich generation’</td>
<td>Influence on caregivers’ lives</td>
</tr>
<tr>
<td>Aging in place</td>
<td>How to age in place. Challenges and solutions</td>
</tr>
<tr>
<td>Nursing (homes)</td>
<td></td>
</tr>
<tr>
<td>Rehabilitation</td>
<td></td>
</tr>
</tbody>
</table>

MODULE VI: LAST STAGE OF LIFE

<table>
<thead>
<tr>
<th>Topic</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Palliative care</td>
<td>What is palliative care? What are the approaches</td>
</tr>
<tr>
<td>Coping with loss</td>
<td>How can family and elderly cope with loss of family members and friends.</td>
</tr>
<tr>
<td>Ethics</td>
<td>How to deal with disease and end of life. Influence of technology. Laws and regulations.</td>
</tr>
<tr>
<td>How business can help</td>
<td>Connection between end of life and supporting business.</td>
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</tbody>
</table>
PROGRAM OVERVIEW:

MODERN AGING MENTORS

200+ Mentors
PROGRAM OVERVIEW:

MODERN AGING: PROGRESS THUS FAR

WE OFFER:

Online Curriculum
6 modules with interdisciplinary knowledge and business skills

Entrepreneur Community
>2000 members
>60 events + >500 hrs commitment

Acceleration
>200 mentors in aging and healthcare industries
Cross-industry collaboration

WE PARTNER WITH (and many more...):

ACCESS Health International 2017
MODERN AGING PROJECT: ACCELERATOR PROGRAM

**KINEXCS**: Medical Device that helps monitor and track Orthopaedic surgery recovery patterns

A monitoring solution to enhance rehabilitation for patients who have undergone lower limb surgeries, such as a total knee replacement or an anterior cruciate ligament surgery. Clinicians can remotely monitor the condition of patients and administer the necessary therapy if required.

[Image of KINEXCS devices]
MODERN AGING PROJECT: ACCELERATOR PROGRAM

FLEXOSENSE: A smart and personalized rehabilitation device for elders

Personalized insoles with sensors that can provide podiatrists with precise and dynamic data on diabetic foot ulcers. The sensor sends warning signals to podiatrists and allows them to focus on critical cases.

flexosense.com
MODERN AGING PROJECT: INVESTOR FUNDRAISING

**XIAOXINTONG**: A smart, mobile, and easy to use device for elders to feel connected and secured

xiao-xin.com
MODERN AGING PROJECT: INTERNATIONAL MARKET EXPANSION

**iZHAOHU**: An affordable and personalized eldercare services allowing aging with grace and aging in place
WE PROMOTE CO-INDUSTRY INNOVATIONS: AGING INDUSTRY EXPERTS NETWORKING EVENTS
OUR VISION

All people, no matter where they live, no matter what their age, have a right to access **high quality and affordable** healthcare.

WHO WE ARE

ACCESS Health International is a not for profit think tank and consulting group dedicated to improving access to high quality, affordable medical care in low, middle, and high income countries. We work to catalyze affordable and accessible health and aging innovations across the globe.

LOCATIONS

- Mainland China
- Hong Kong (China)
- Singapore
- United States
- Sweden
- Netherlands
- India
- Indonesia
- Philippines
OUR CATALYST MODEL

Academic institutions

Government agencies

Entrepreneurs

Healthcare delivery organizations

Private Sector partners
WHAT WE DO

Fostering health innovation
We foster health innovation by equipping entrepreneurs with technical expertise, education, and networking opportunities.

Local consultation & engagement
We become local partners to our global clients, creating and discovering new business opportunities within and outside of Greater China.

Cultivating unique partnerships
We establish and facilitate unique partnerships with policymakers, private sector leaders, academia, and entrepreneurs.
Aging with Dignity: Innovation and Challenge in Sweden — the Voice of Care Professionals is a study of the future of long-term care through the lens of the Swedish healthcare system.

BY: Sofia Widén & William A. Haseltine

accessh.org/agingwithdignity