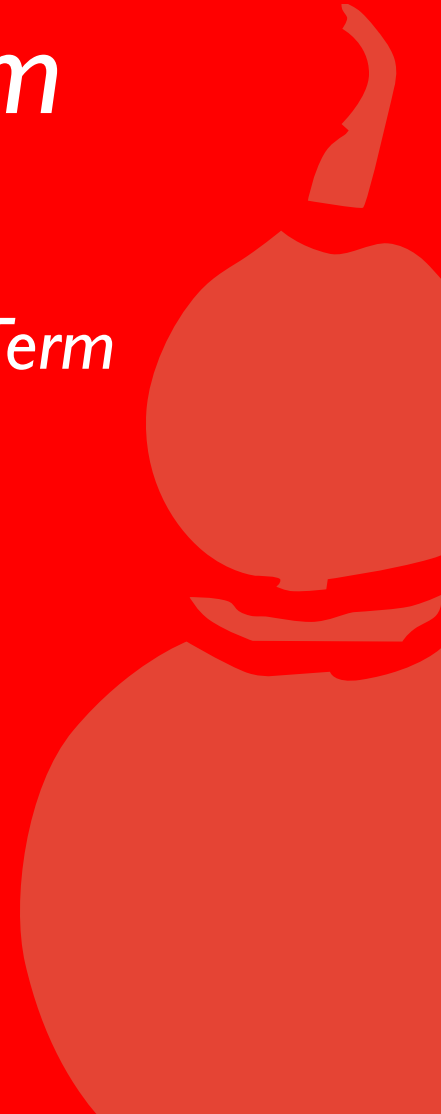


# *Social Care and Long Term Care*

*Ageing Asia and the Pacific: Developing Long Term  
Care Systems and Effective Responses  
ADB, 28-29 June 2017*

Peh Kim Choo  
Tsao Foundation  
June 2017



## DEFINITIONS:

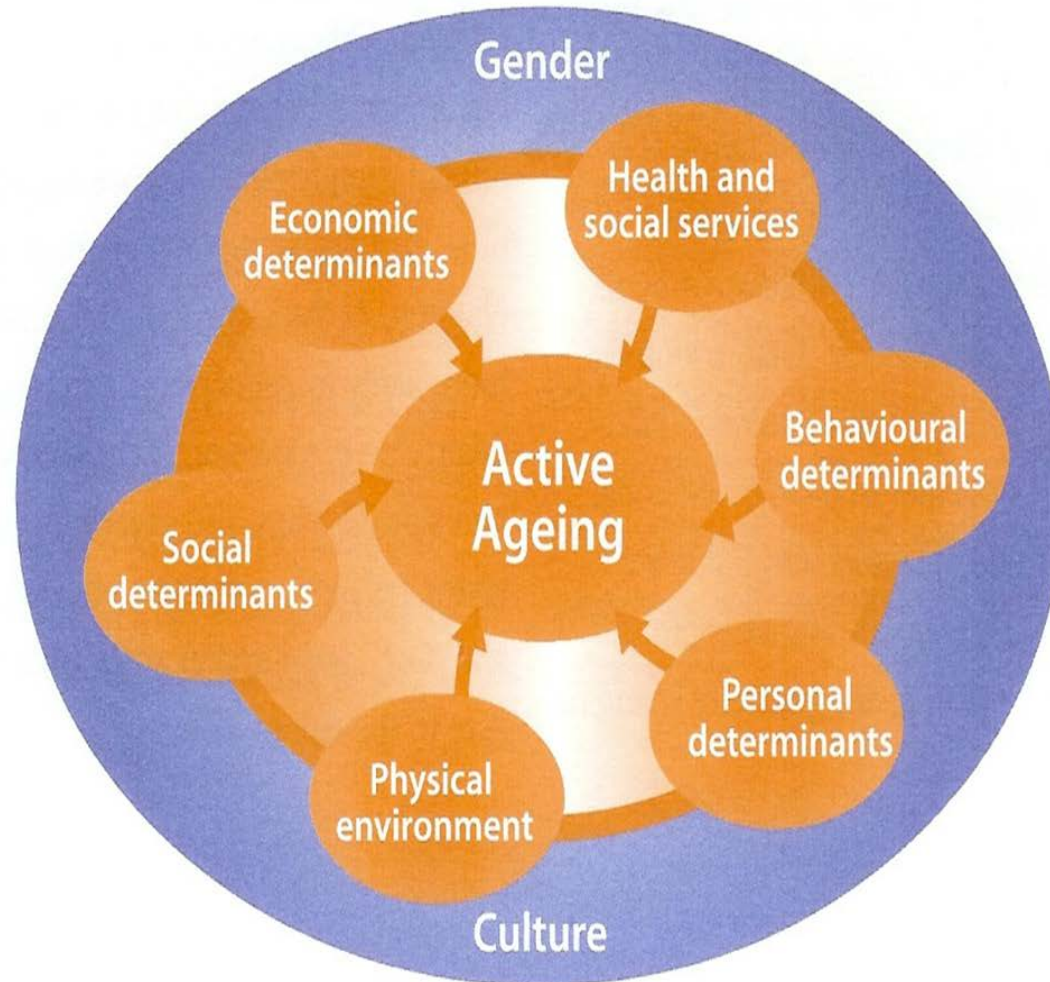
**“Social care in England is defined as the provision of social work, personal care, protection or social support services to children or adults in need or at risk, or adults with needs arising from illness, disability, old age or poverty. The main legal definitions flow from the National Health Service and Community Care Act 1990”**

*[https://en.wikipedia.org/wiki/Social\\_care\\_in\\_England](https://en.wikipedia.org/wiki/Social_care_in_England)*

**“LTC refers to myriad services designed to provide assistance over prolonged periods to compensate for loss of function due to chronic illness or physical or mental disability”**

*Feder J, Komisar HL, Niefeld  
M.Long- Long term care in the  
United States: an overview.  
Health Affairs 2000*

Figure 8. The determinants of Active Ageing

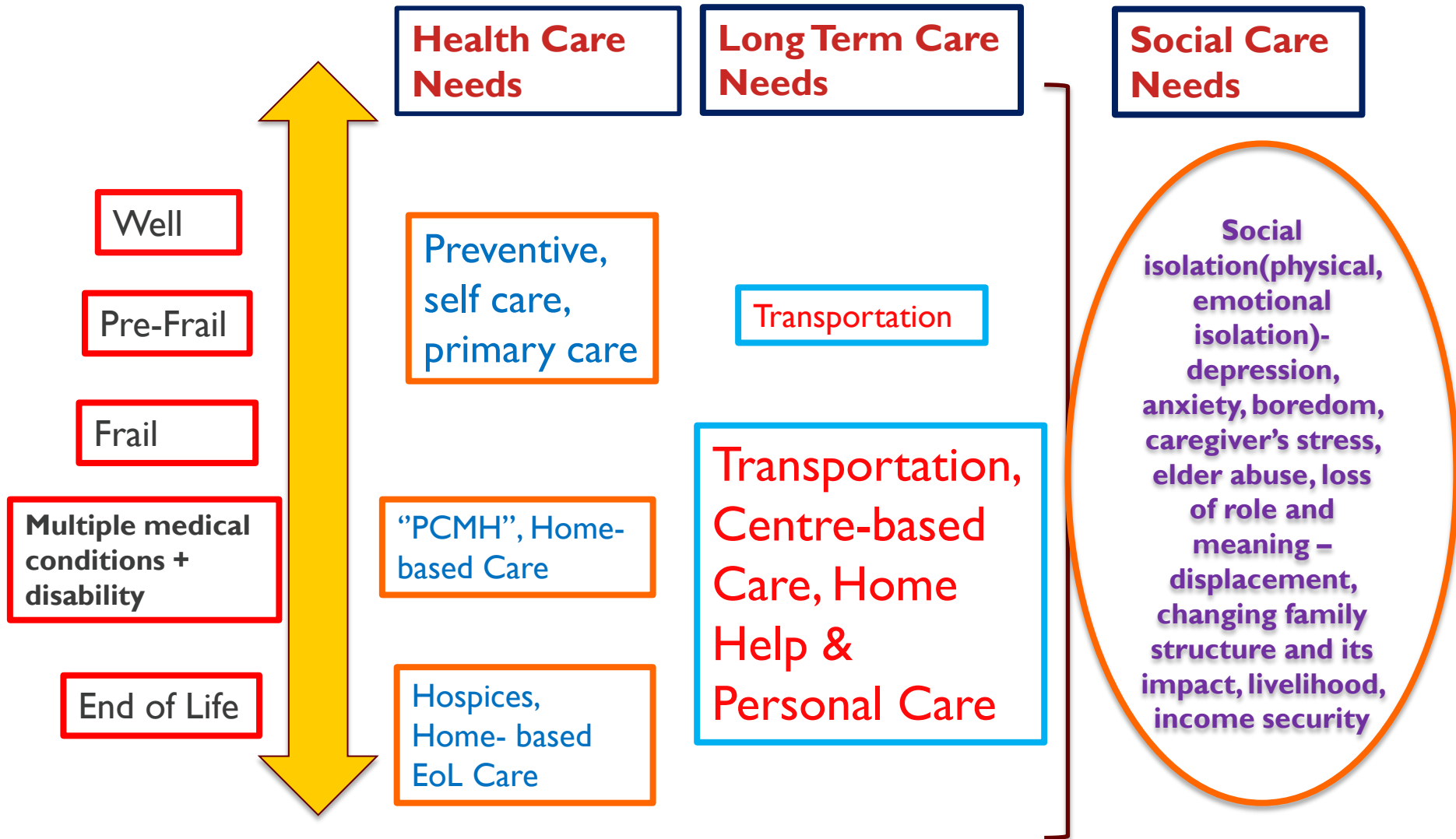


**4 Pillars:**

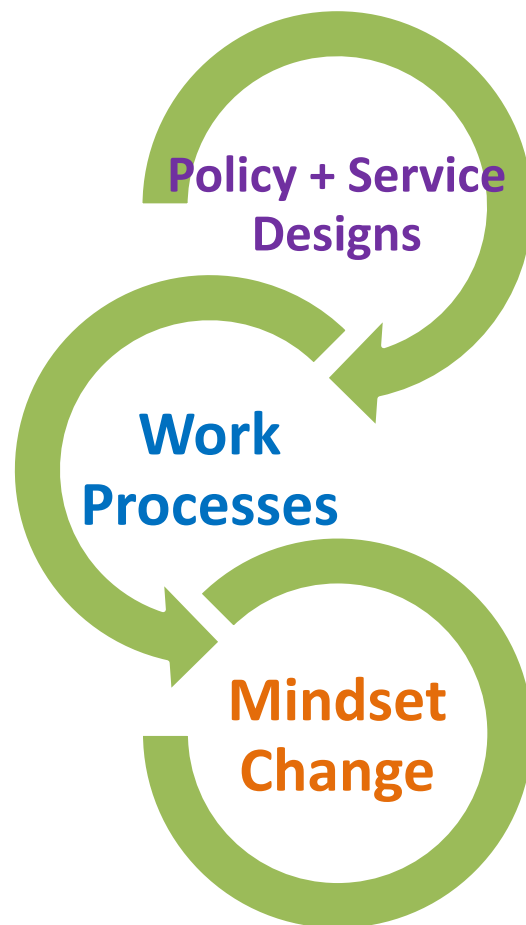
- **Income Security**
- **Health and Access to Care**
- **Life-long Learning**
- **Participation**

**Source: WHO**

# NEEDS OF THE OLDER POPULATION



# WHAT HAILS INTEGRATION OF CARE?



## PERSON-CENTRED MEDICAL HOME

- A medical home not simply as a place but as a model of the organization of primary care that delivers the core functions of primary health care
- 5 Key components of PCMH
  - Patient-centered
  - Comprehensive care
  - Coordinated care
  - Superb access to care
  - A systems-based approach to quality and safety
- Agency for Healthcare Research and Quality: PCMH Resource Center  
[http://pcmh.ahrq.gov/portal/server.pt/community/pcmh\\_home/1483/what\\_is\\_pcmh](http://pcmh.ahrq.gov/portal/server.pt/community/pcmh_home/1483/what_is_pcmh)

# LOOKING FOR SOLUTIONS:

## Action Plan for Successful Ageing

- **\$3Bn to cover more than 70 initiatives over 12 areas**



Taken from: Celebrating Longevity, MOH

# THE SINGAPORE EXAMPLE





## We have and will continue to grow capacity

Centre-based Care

Home Care

Nursing Home Care

Palliative Home Care

### Capacity in 2011

2,100 day places	3,800 home places	9,400 beds	3,800 places
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### Capacity in 2015

3,500 day places	6,900 home places	12,000 beds	5,150 places
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### Targeted Capacity by 2020

6,200 day places	10,000 home places	17,000 beds	6,000 places
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## And raising quality

Guidelines for Centre-based Care

Guidelines for home care services

Enhanced Nursing Home Standards

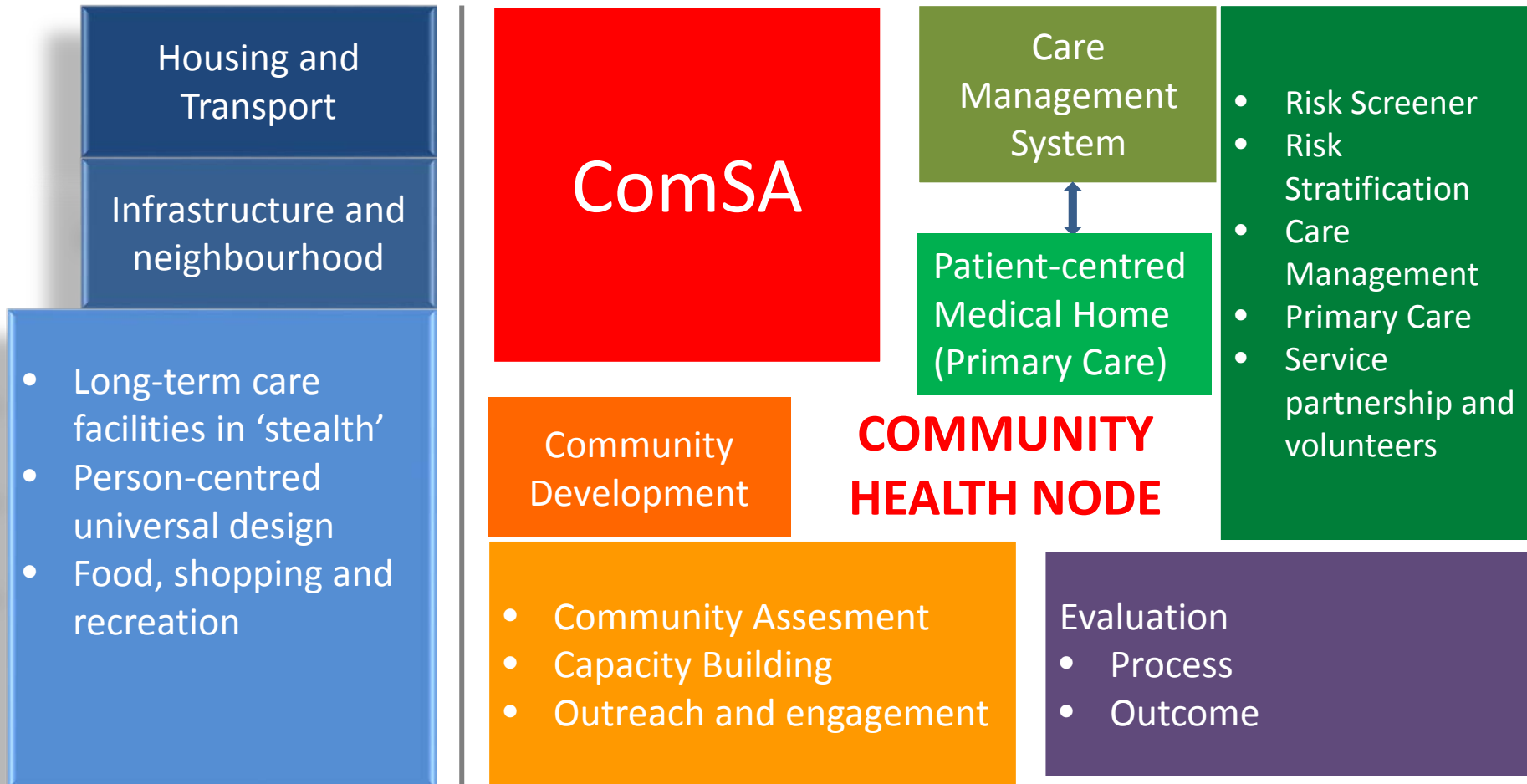
National Palliative Care Guidelines

Taken from: Celebrating Longevity, MOH



Taken from: Celebrating Longevity, MOH

# THE ComSA COMPONENTS USING PUBLIC HEALTH, PREVENTIVE, LIFE COURSE COMMUNITY WIDE SYSTEMS CHANGE APPROACH



***THANK YOU***

