



Cambodia

Presentation at
“The 3rd ASEAN-JAPAN ACTIVE AGEING”

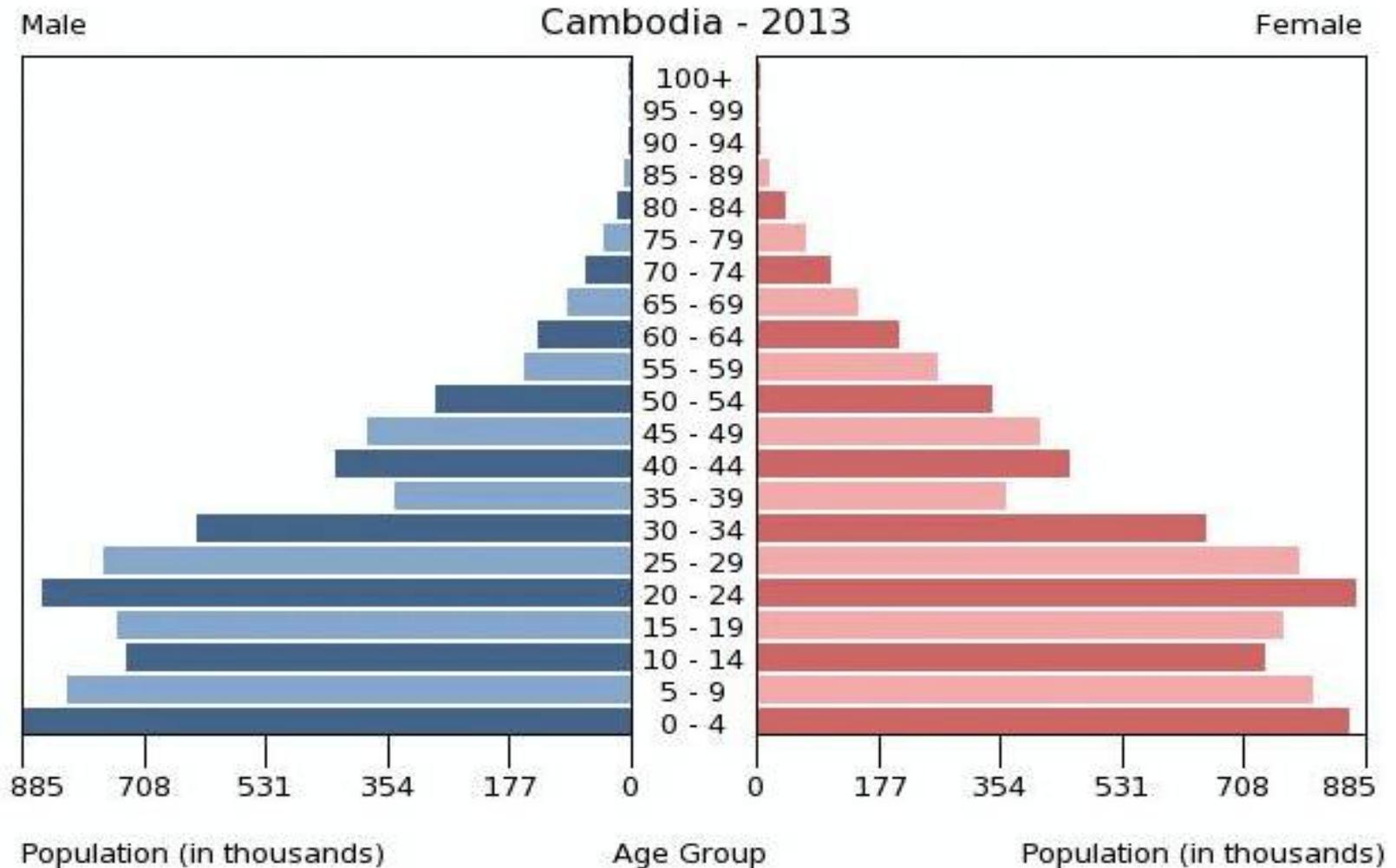
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Manila, Philippines

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- 2- Issues and challenges of the ageing people**
- 3- Government policies and regulations
supporting ageing population**
- 4- Family and community support mechanisms**
- 5- Future Direction**

1. SITUATION OF AGING POPULATION

Population Pyramid of Cambodia



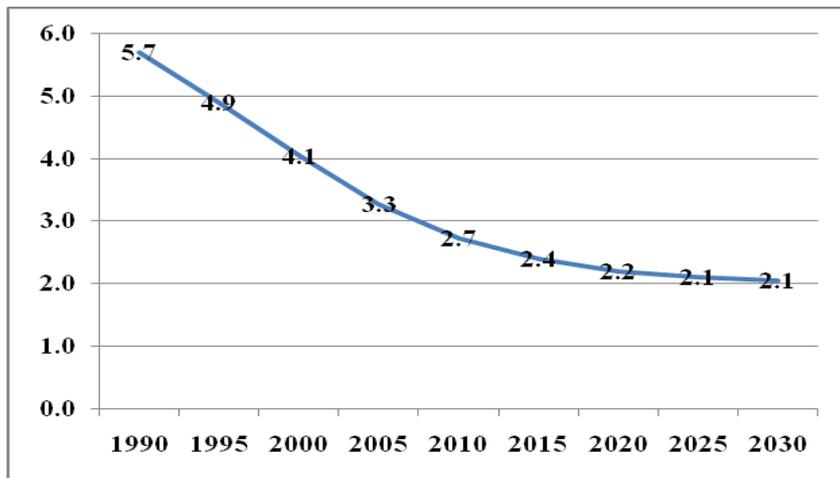
1. SITUATION OF AGING POPULATION

Factors underlying population ageing

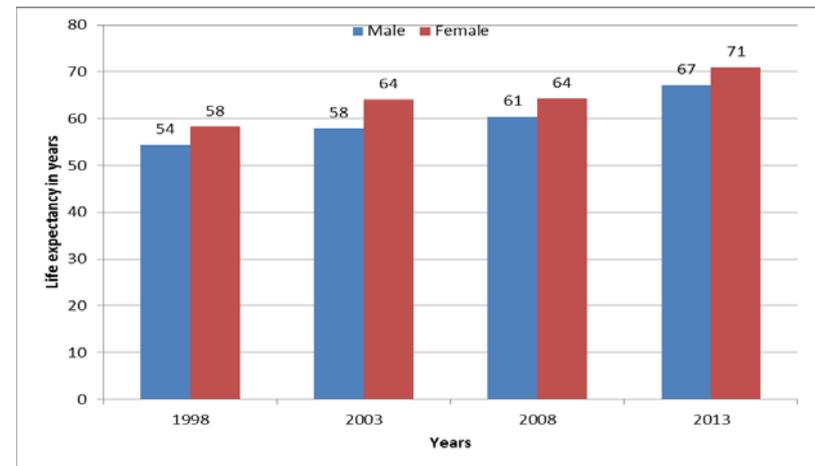
There are two factors that help explain the emergence of the population ageing:

1. Declining fertility, 2. Improving life expectancy.

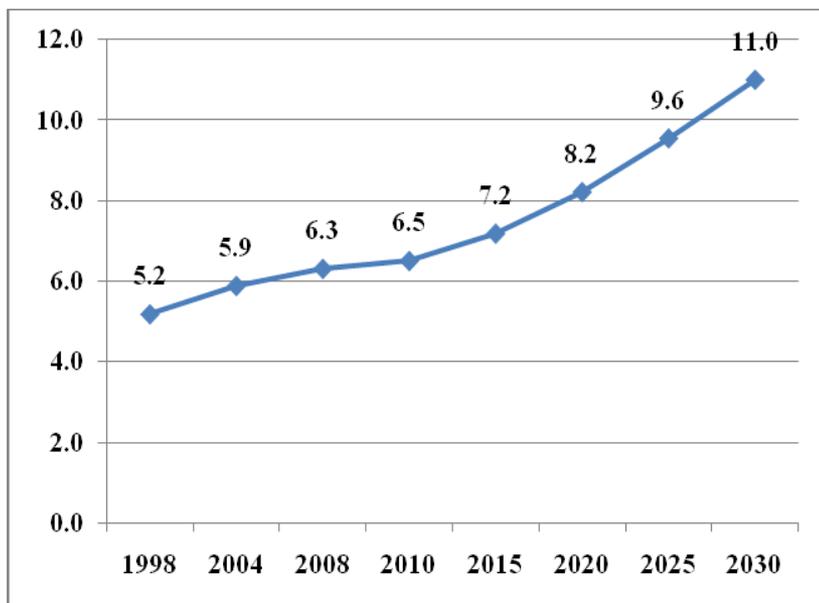
Estimated fertility rates and
Fertility rate forecasts (1990-2030)



Average life expectancy estimates and
forecasts for men and women (years)



Percentage estimates and forecasts of the elderly population compared to the total population

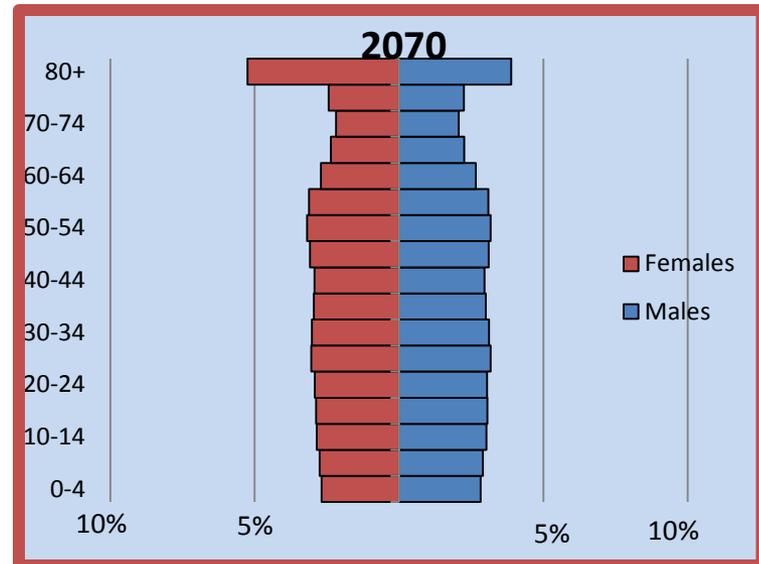
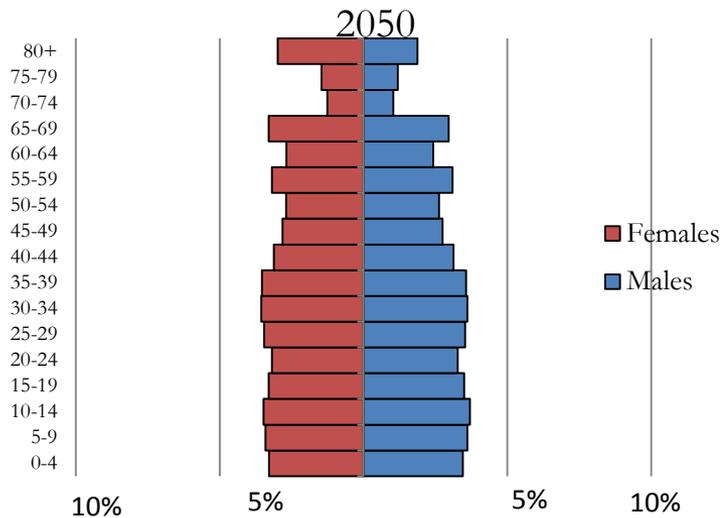
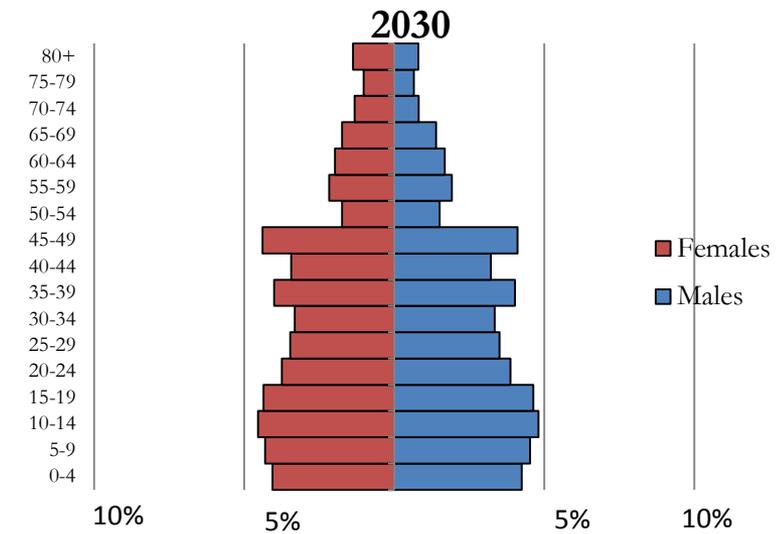
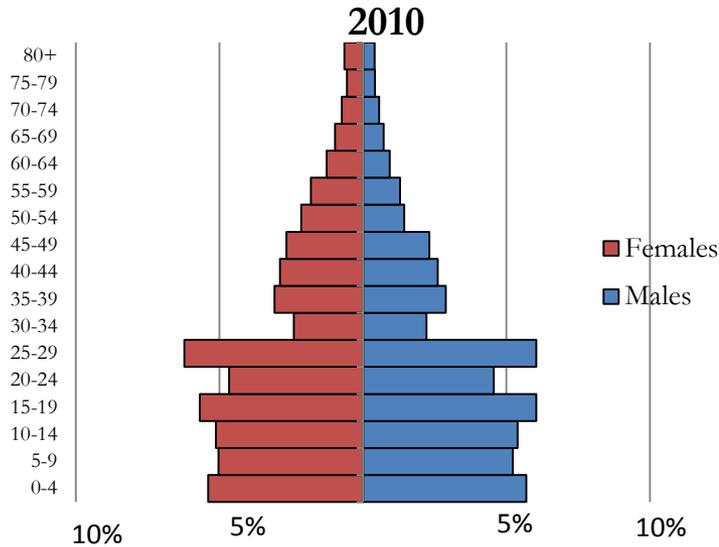


Change the statues of the elderly population in Cambodia

| Period | Average annual increase in number of older persons | Proportion of OP in population increase (%) |
|-----------|--|---|
| 2008-2010 | 27,708 | 12.8 |
| 2010-2015 | 35,291 | 16.0 |
| 2015-2020 | 49,775 | 22.6 |
| 2020-2025 | 63,258 | 31.2 |
| 2025-2030 | 70,008 | 40.2 |

Source: Estimates of the general population census 12 , report 2008

Age and Sex Pyramid for Cambodia 2010 to 2070



2. CURRENT ISSUES AND CHALLENGES

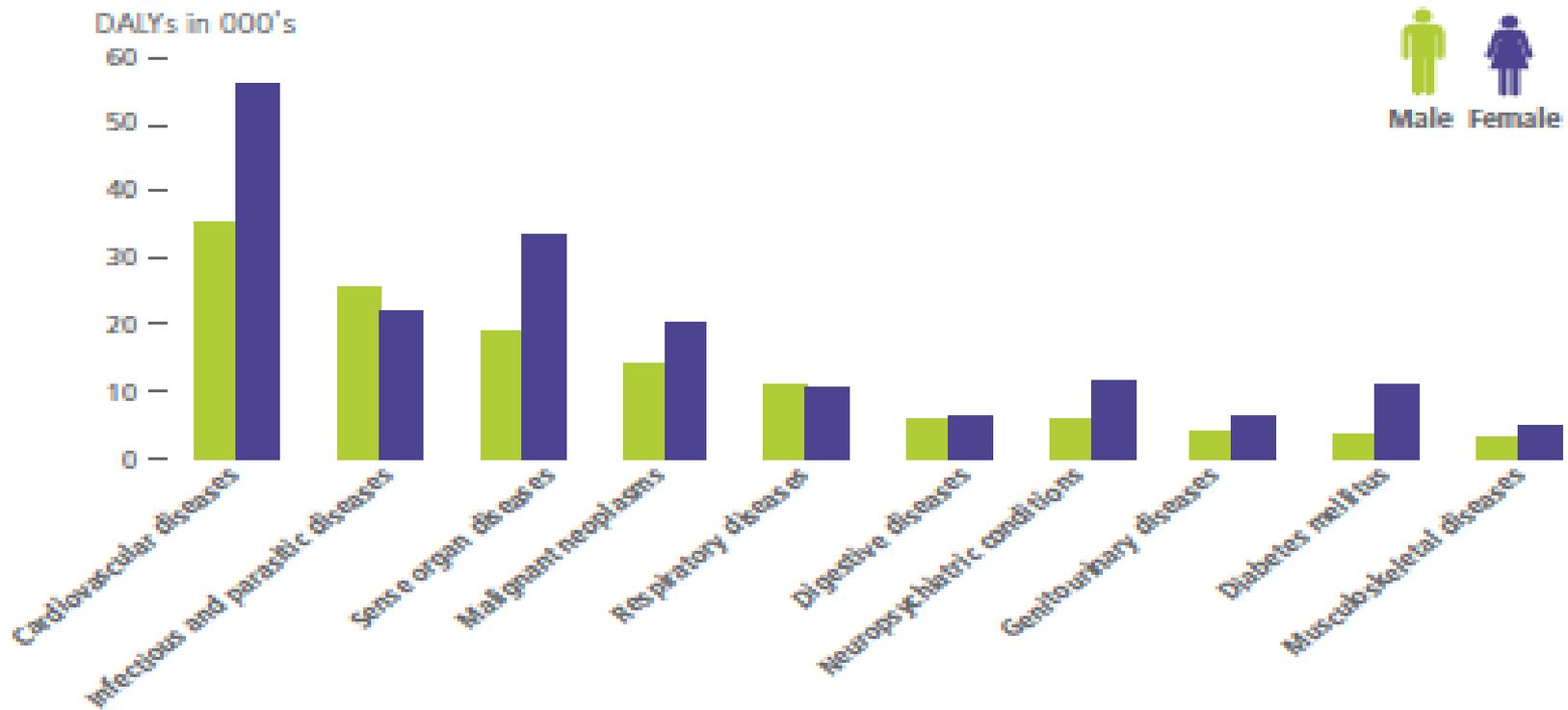
- ❑ Cambodia doesn't have the national security fund for general people (elderly people)
- ❑ Disability
- ❑ Limited knowledge and participation of elderly people
- ❑ Less enabling environment factors such as discrimination toward old people and lack of infrastructures.

□ Health problems for elderly

- limited awareness about basic measures to improve healthy ageing (e.g. physical activity, balanced diet)
- barriers to access care (e.g. financial, distance, infrastructure, social/cultural)
- lack of skilled health personnel to effectively manage older people health problems
- limited equipment, material and medication at the primary health care level to ensure adequate diagnosis, treatment and care of most frequent chronic diseases (e.g. diabetes, high blood pressure)
- limited availability of reliable specific data on older people health issues (e.g. use of services, main risk factors, effectiveness of treatment)

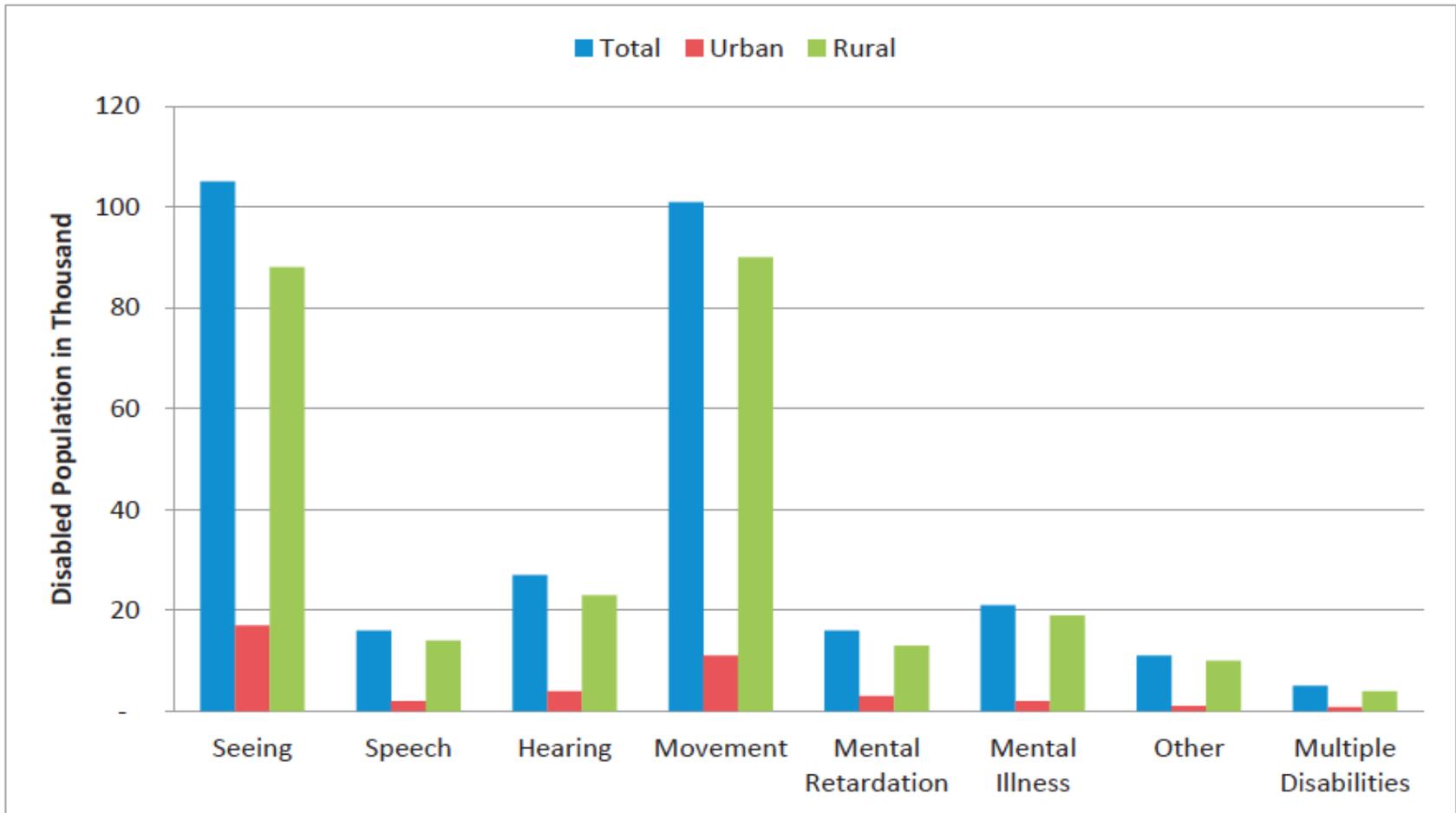
Older people health situation:

Top disease burdens (DALYs) for persons aged 60 years and above, by sex and disease subgroups, Cambodia, 2004



Impairment situation:

Figure 3.2 Number of Disabled Population by type of Disability Cambodia 2013



3. GOVERNMENT POLICIES AND REGULATIONS TO SUPPORT AGEING POPULATION

❑ **Constitution:** The health of the people shall give full consideration to disease prevention and medical treatment. Poor citizens shall receive free medical consultation in public hospitals, infirmaries and maternities. The state shall establish infirmaries and maternities in rural areas.

❑ **Policies instrument**

- ✓ Policy on Pension Fund for veterans and civil servants in 1987. Based on this policy, Ministry of Social Affairs provides social security fund for civil servants, and veterans by using two government agencies (the National Social Security Fund for Civil Servants and National Fund for Veterans)
- ✓ National Policy for the Elderly (NPE) adopted in 2003. Currently, this policy has been reviewed and will be endorsed by the government this year. The new policy is called National Ageing Policy 2017-2030.
- ✓ National Social Protection Policy Framework 2016-2025

- ✓ National Health Care Policy and Strategy for Older People 2016
- ✓ Prakas on healthcare services delivery with exemption for poor people with disability and older people health.
- ✓ Equity Fund for all poor people
- ✓ Establishment of Cambodia's National Committee for Older Person (16 relevant ministries & institutions and NGOs, implementing NPE, organizing Older People Day, monitoring and evaluation of elderly works)
- ✓ Circular No.804, date 11 June, 2015 on the establishment of the secretariat of Cambodian National Committee for Elderly
- ✓ Circular No.537, date 20 April, 2015 on the establishment of the sub-provincial committees for elderly which consist of 24 provinces and 1 municipality.
- ✓ Circular No 008,dated on 22nd of June 2011 on the Guidance of the establishment and management of OPAs.

Sub-Provincial Committee for Older Person:

Roles and Responsibilities

- To coordinate and establish OPA within province
- Coaching to Management Committee of OPA
- Providing emergency respond to vulnerable ageing in village-commune accordingly
- Gathering and mobilizing resources and technical support within community to support OPA
- Providing vocational training and exercising in order to ensure sustainable income and quality of life in local community
- to promote and protect older person
- To put in place structure and programs adapting to the socioeconomic context of each province for addressing the needs of older people
- To coordinate and maintain the social service delivery to older person with quality and equity
- Conducting **“Friendly Ageing Forum ”** at the commune level

4- Family and community support mechanisms

ROLE OF FAMILY

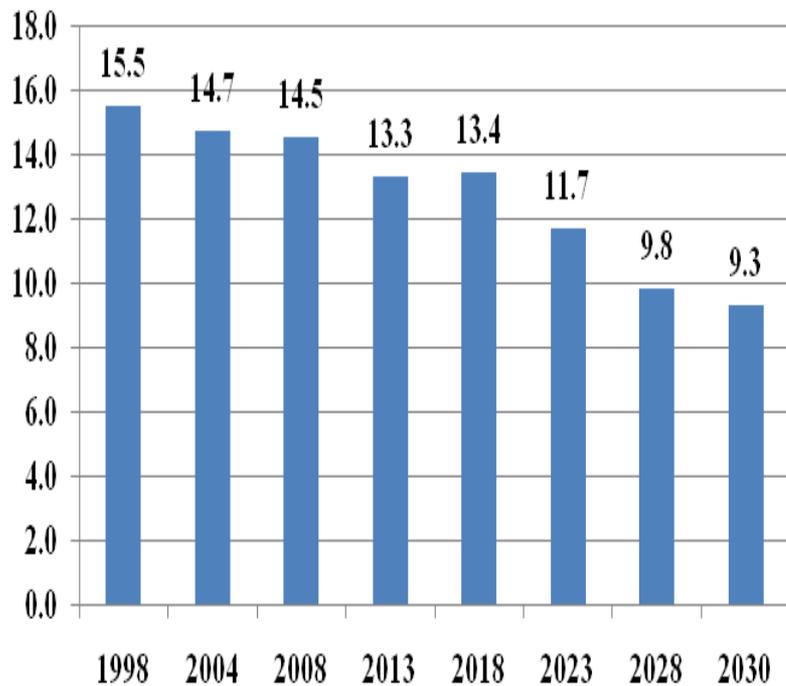
- Article 47 of Constitution: Parents shall have the duty to take care of and educate their children to become good citizens. Children shall have the duty to take good care of their elderly parents according to Khmer traditions
- In Cambodia the joint family system is the norm
- Older persons live with their adult offspring or other relatives.
- Responsibility by Children for caring older persons as they are their parents or grand parents
- Providing accommodation, food, resource, equipment and enhance to access traditional religions and health care centers...etc.

Potential Support Ratio

The decrease of family protection

Support ratio potential in rural and urban areas

Potential support ratio



| Years | Cambodia | Urban areas | Rural Areas |
|-------------|-----------------------------|-------------|-------------|
| | People aged 15-64 years /65 | | |
| 1998 | 15,5 | 20,5 | 14,5 |
| 2004 | 14,7 | 18,6 | 14,1 |
| 2008 | 14,5 | 20,0 | 13,5 |
| 2013 | 13,3 | 20,3 | 15,9 |
| 2018 | 13,4 | 16,2 | 12,6 |
| 2023 | 11,7 | 13,0 | 10,7 |
| 2028 | 9,8 | 11,5 | 9,2 |
| 2030 | 9.03 | 11,1 | 8,6 |

ROLES OF COMMUNITY

Older People Association (OPA)

- An older people's association (OPA) is a community-based organization, which has the goal to improve the well being of older people through collective activities benefiting themselves and their community.
- Cambodian government strongly encourage people to establish OPA through out the country to promote the social and economic wellbeing of older people. It is an independent body.
- Government has a strong support system for the OPA from national down to subnational and local authorities (the establishment fund, management training, and technical support).

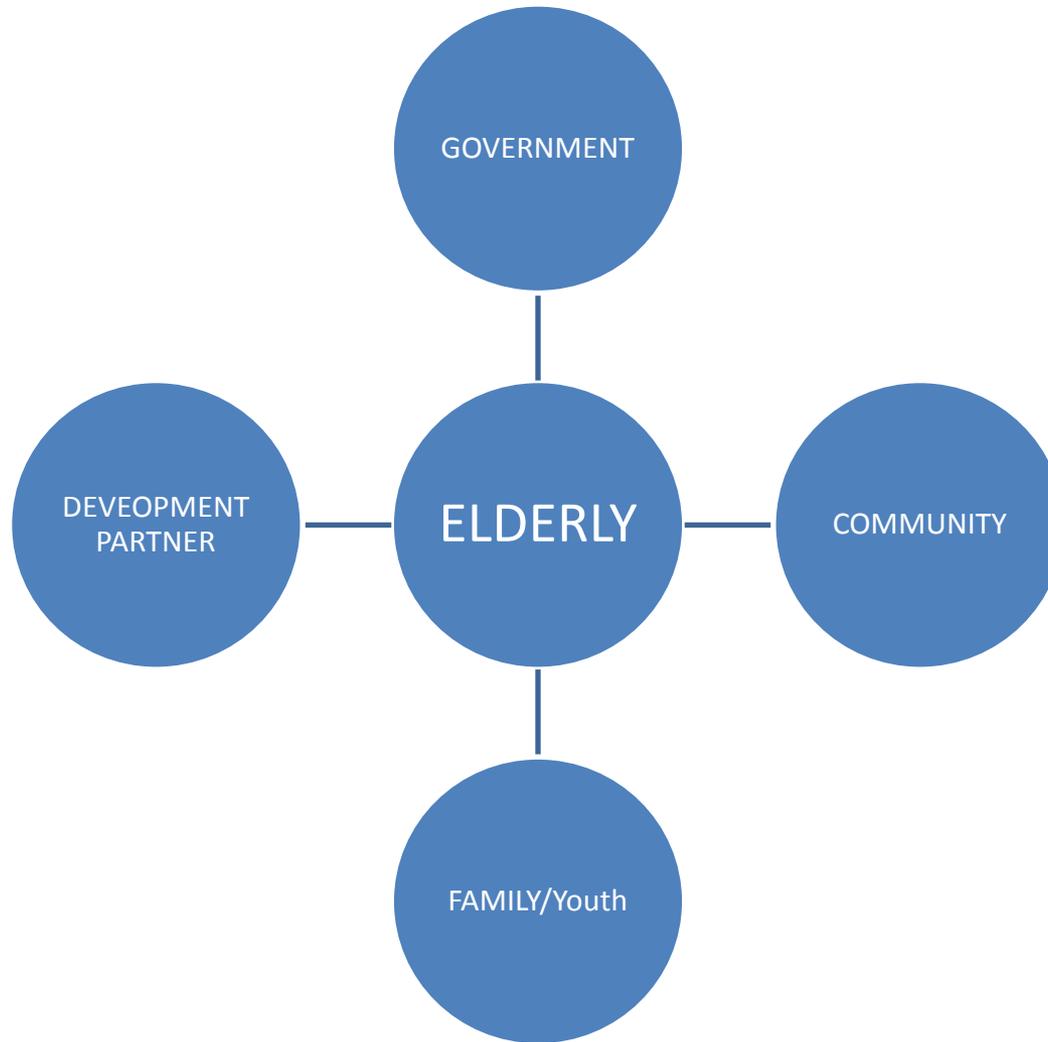
- Cambodia has implemented Commune/Sangkat Decentralization policy since 2002 for responding to the needs of people.
- The Commune/Sangkat is a main player to establish and strengthen the OPA (OPA is based in Commune/Sangkat) – Currently, Commune/Sangkat councils consider elderly works as their priorities. Annual budget package will be given to improve elderly works in commune/Sangkat (social services delivery for older people).
- In 2016, Cambodia has set up 394 OPAs.
- In 2017, National Committee for the Elderly and Department of Elderly Welfare help to set up OPA for every commune/Sangkat throughout the Kingdom

Roles of OPA

- Improve the dignity and quality of life of older people.
- Encourage and Motivate older people to help each other by providing a forum to discuss the problems, develop solutions and celebrate important holidays and events.
- Encourage and promote community support for vulnerable older people



OPA and Support Systems



5. FUTURE DIRECTION

- Implementation of National Health Care Policy And Strategy for Older People:
- Implementation of National Social Protection Policy Framework 2016-2025
- When the National Ageing Policy has been endorsed by the government some priority works need to be done include:
 - Data Collection
 - Research
 - Capacity Building
 - Law on Older Persons
 - Action Plan for Policy Implementation



Thank You for Your Attention!