

**POPULATION AGEING IN VIET NAM  
AND RESPONSES**



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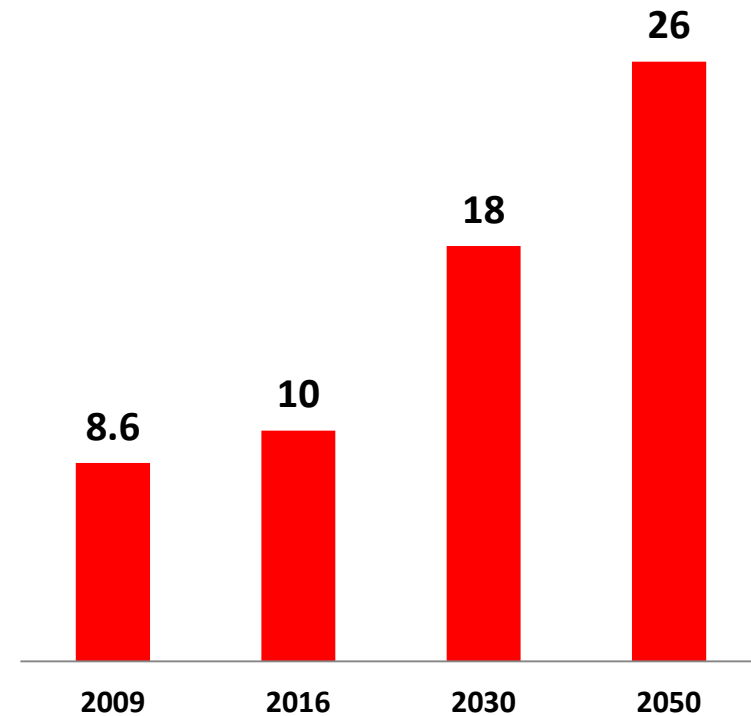




# Ageing in Viet Nam

- **Since 2011 (60+: 10% total Pop); Aged: after 15 years.**
- **2016: 10.1 mil (60+); 11% total Pop; 80+: 2 mil**
- **65,7%: Living in Rural, Farmer, Agricultural work**
- **70%: Living with their descendants**
- **70%: None material accumulation**
- **30%: None any kinds of health insurance; 27%: Difficulty in daily life, need support**
- **67,2%: Having weak/very weak health condition**

■ %60+ in total population



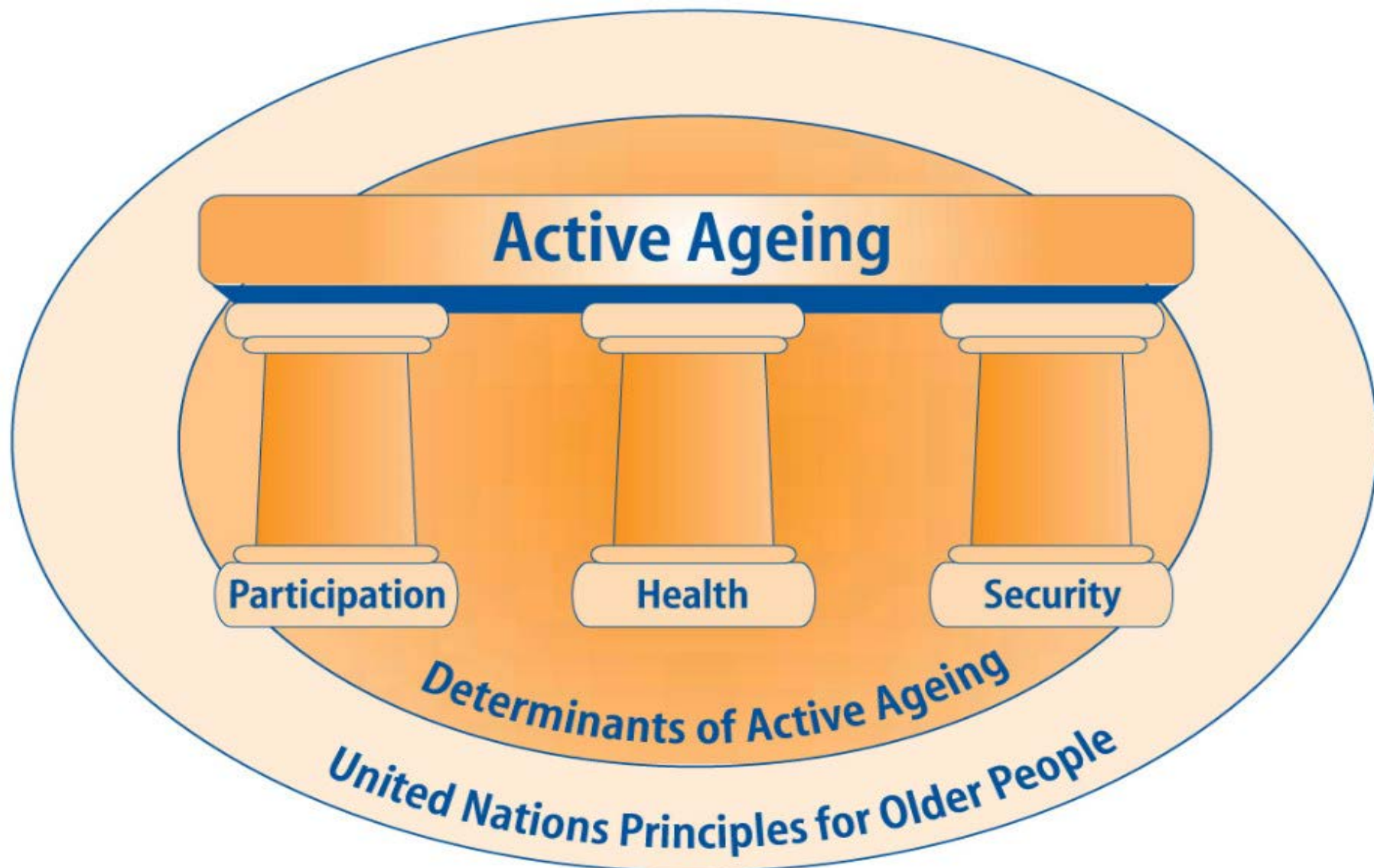


# Determinants of Active Ageing





# The Three Pillars of a Policy Framework for Active Ageing



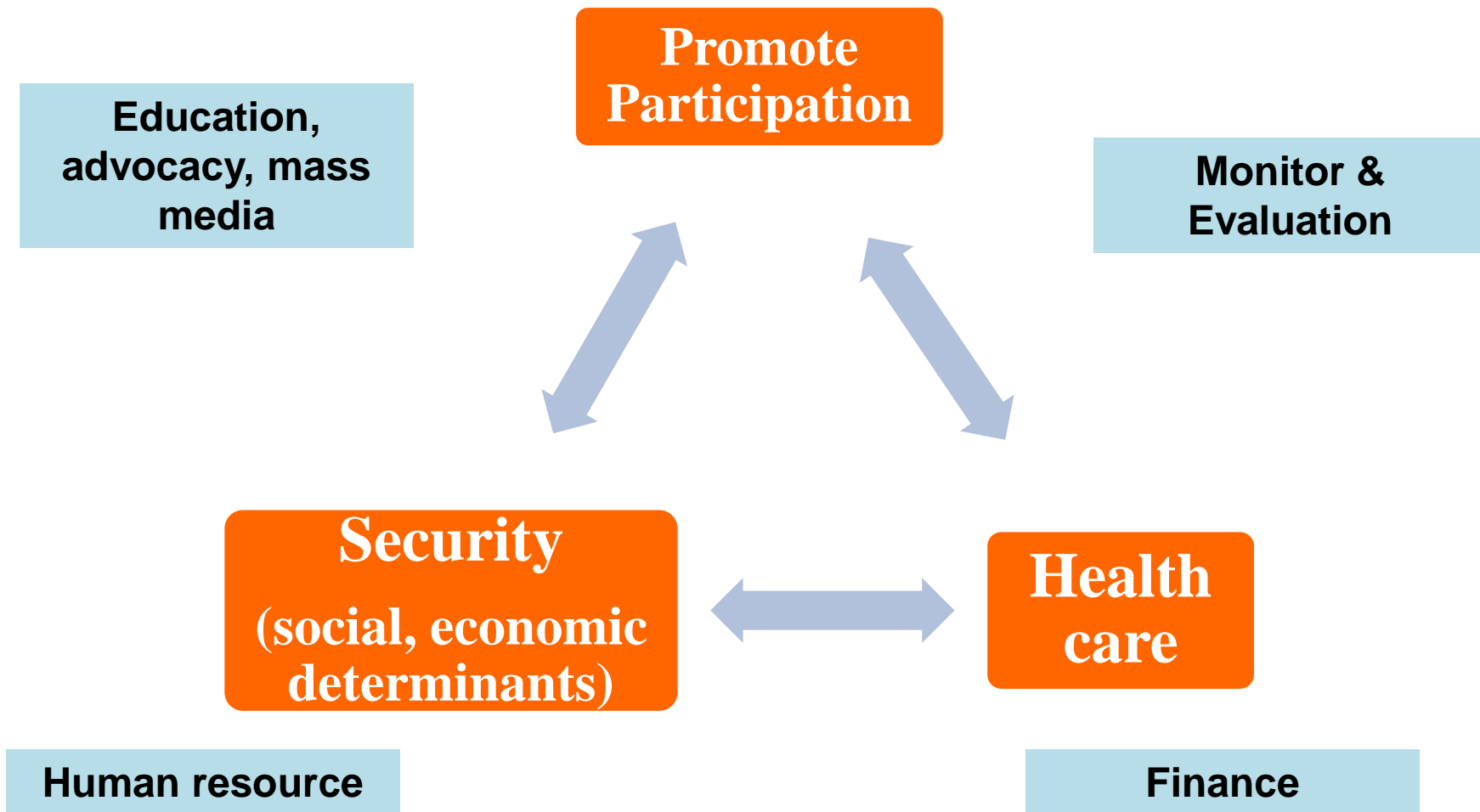


# POLICIES

- **Many policies that concern with elderly such as: Constitution; Law on Elderly, Law on Labour...**
- **Government Agencies: (Central & Local):**
  - ✓ **Vietnam National Committee on Ageing;**
  - ✓ **All ministry that concern with elderly**
- **Vietnam Association of the Elderly (Central & Local)**
- **Private sectors, NGOs**
- **Family, Communities**



# National Action Plan



**Whole society care for elderly**  
**(Gov, Public, Private, NGOs, Family, Communities)**



# Promote Participation

- **Formal work and Informal work: researching, teaching, health caring, counselor...**
- **Promoting the role in the family, community**
- **Business opportunities: Crafts working, reduce tax...**
- **Financial support: endow loan...**
- **Voluntary activities...**

**Whole society care for elderly  
(Gov, Public, Private, NGOs, Family, Communities)**





# Health Care (Prevention & Treatment)

## Health service Delivery System for the Elderly care

**Public**

**(5,568/199,011  
beds)**

**1 National  
Geriatric  
Hospital**

**Private**

**(9,611 beds)**

**270 Geriatric  
Dept**

**78% = 49  
Geriatric Dept**

**150 Privates  
hospitals**

**561 District hospitals  
(has separate beds for  
elderly)**

**35,000 private  
practitioners**

**11,112 Commune Health Center  
96,534 Health staff at the village  
(>90%)**

**39,000 private  
pharmacies**



# Security

(social- economic determinants)

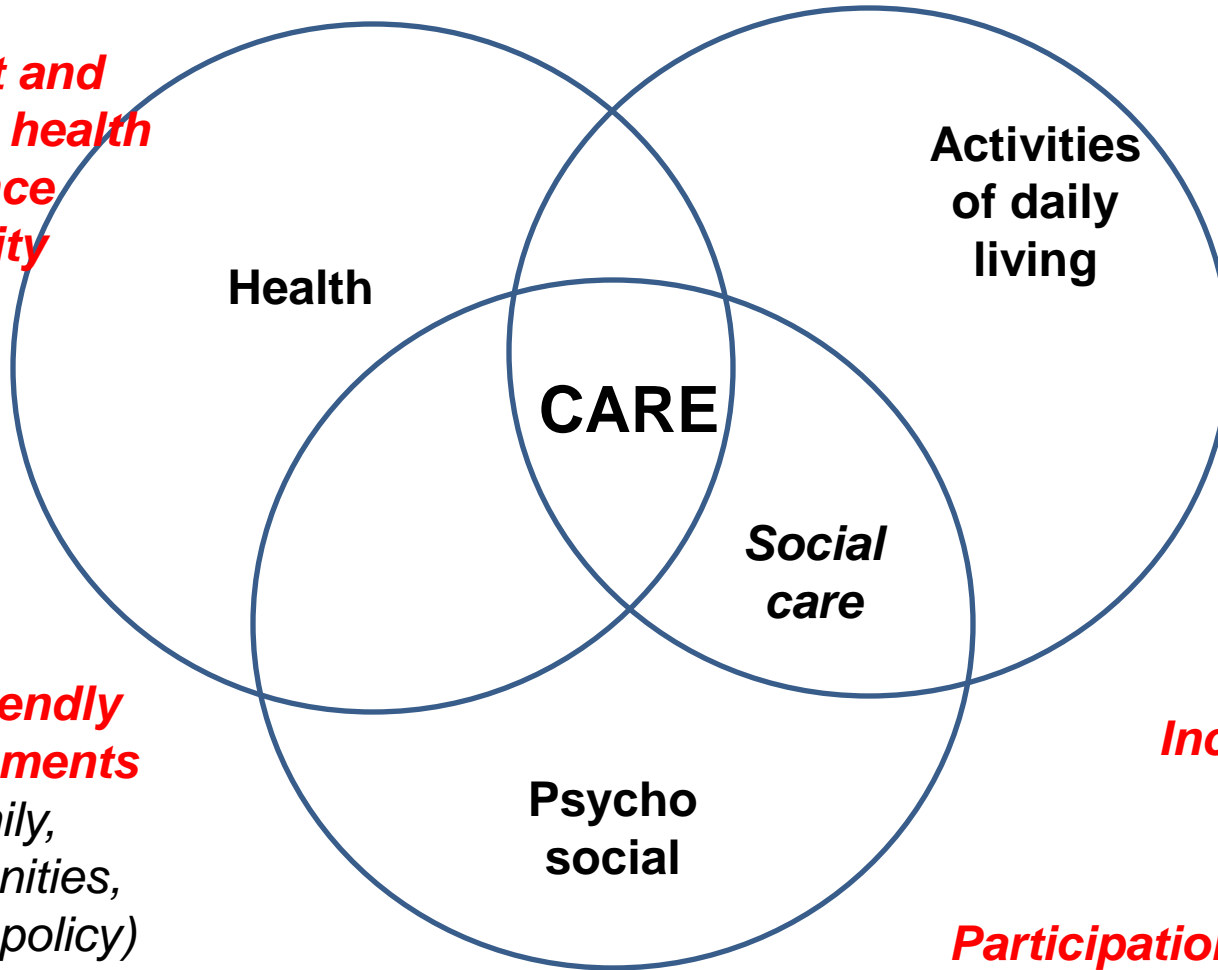
- Policies to ensure social security for the elderly (health insurance, social insurance...)
- Guarantee for the elderly approach equally to health and social services
- Safe and friendly environment for elderly]
- ...



# Key elements of care

## Needs Assessment and Classification

*To prevent and manage ill health and enhance functionality*



*Daily functioning*

*Age friendly environments  
(family, communities, society, policy)*

*Income security*

*Participation, emotional and mental wellbeing*

family, communities, care center  
Formal and Informal caregivers



## Some achievements

- **The knowledge of whole society for population aging is enhanced**
- **The policies seemed covering in all sectors**
- **A Government Agency is established: Vietnam National Committee on Ageing (Deputy Prime Minister is Chair; multisectoral members)**
- **The role of Vietnam Association of the Elderly is improved**
- **Participation of stakeholders: Private, NGOs...**
- **Some models/projects are piloted**



# Challenges

- **Rapid paced of aging**
- **Low level of Health insurance coverage**
- **Increase in NCDs**
- **Insufficient the geriatrics system**
- **Low income**
- **Limited social security: pension, insurance, safety...**
- **Weak multisectoral cooperation**
- ...



# Challenges

- **Lack of legal framework for long term care (policy, role of social organization, stakeholder, family and commune for LTC, etc.)**
- **Lack of LTC system/network (spontaneously piloted by small projects/donors)**
- **Lack of capacity (workforces, financial budget and mechanisms )**
- **Not clear providers and focal point stakeholders and their roles**
- **No national care standard for LTC.**

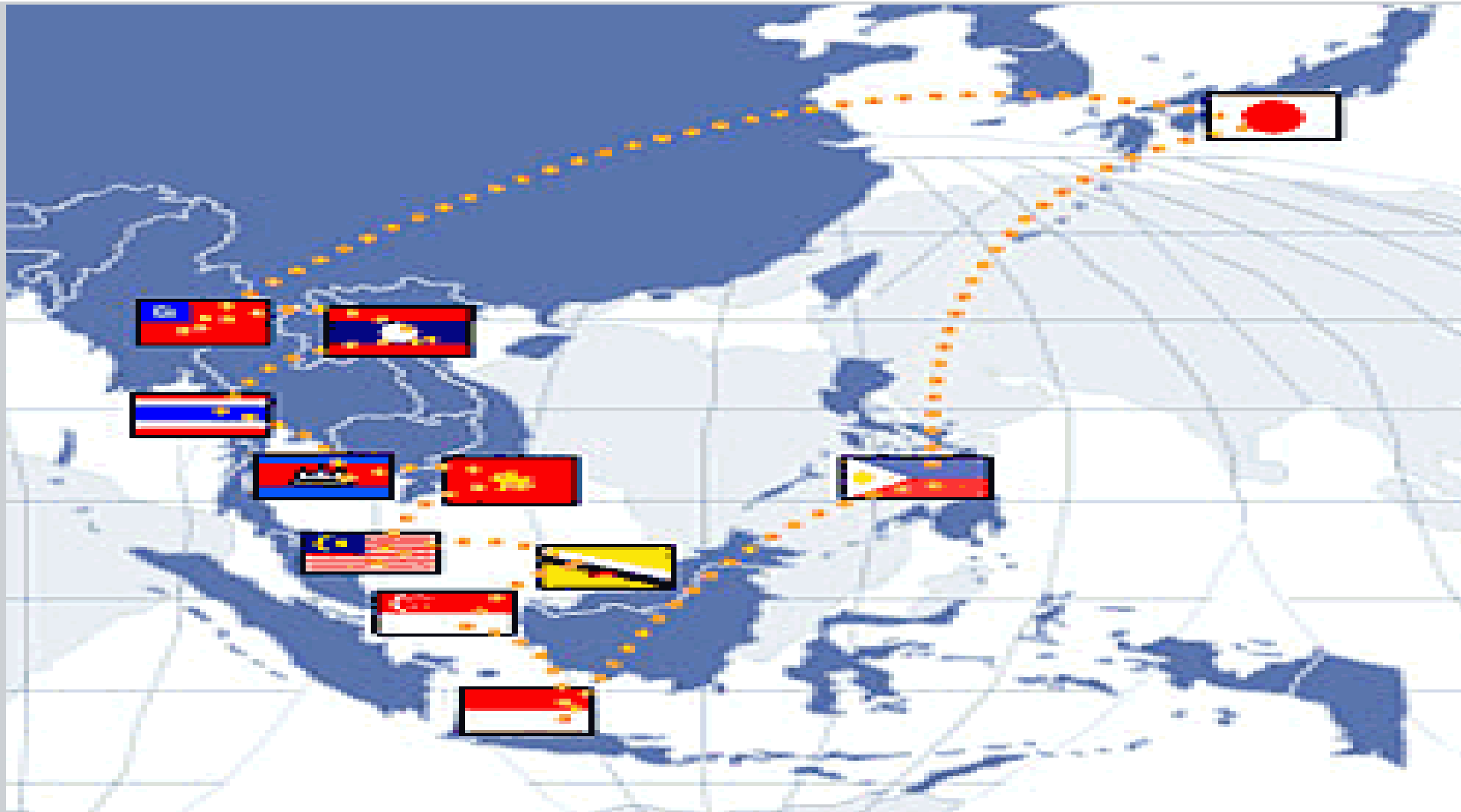


# Recommendations

- **Developing framework of Long term care**
- **Promoting and improving home/community based care**
- **Enhancing multisectoral approach**
- **Increasing coverage of health insurance**
- **Establishing geriatric dept and improving quality of care**
- **Reassigning health system to adapt to aging context**
- **Building safe and friendly environment for Elderly**
- **Strengthening international cooperation**



# THANK YOU VERY MUCH!



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