

Targets and Indicators for Active Ageing

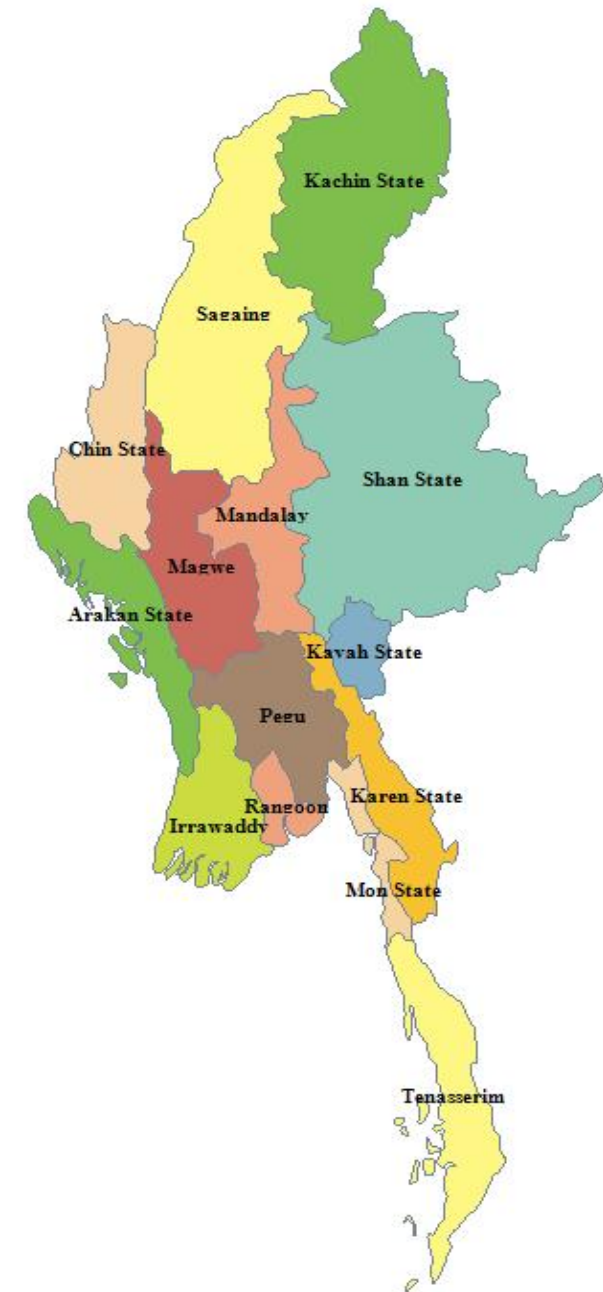


Daw Rupar Mya
Director

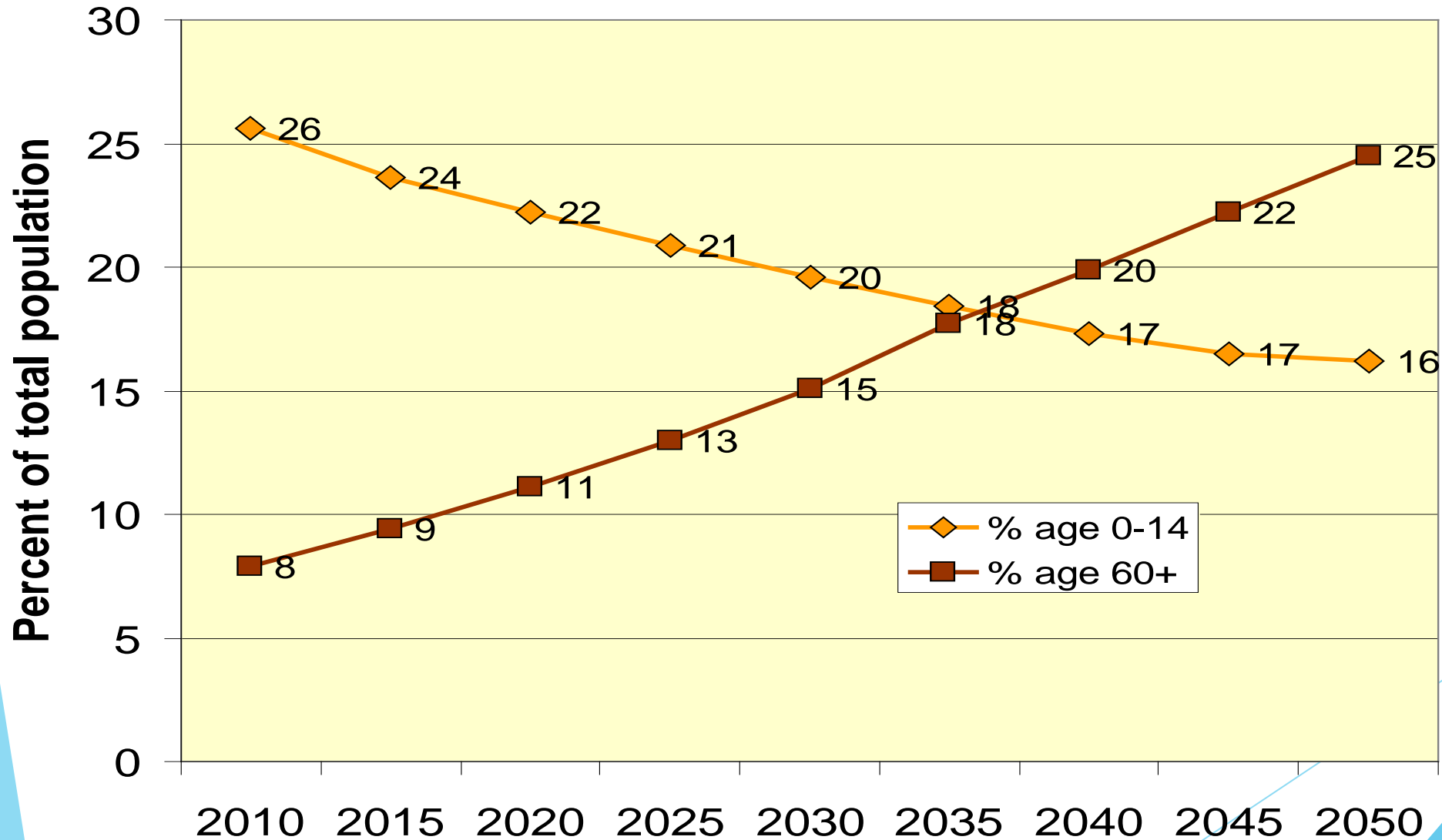
Department of Social Welfare
Ministry of Social Welfare, Relief and Resettlement
The Republic of the Union of Myanmar

51.486 millions ppl	15 States/Regions
74 Districts	412 Tsps/Sub-Tsps
413 Townships	3133 Wards
13620 Village Tracts	63938 Villages

Male Population	24.824 (48.22%)
Female Population	26.661 (51.78%)
Population Density	76.1 (per Km2)
Life expectancy at birth	66.8
Life expectancy at birth (Male)	63.9
Life expectancy at birth (Female)	69.9
Elderly population (65+ years), 2014	5.8%
% over 60 (2015)	9%
% over 60 (2050)	20.2%



The population of children will decline and population of elderly will sharply increase



Good Practices

- ▶ Give more respect and value Older People
- ▶ DSW support Home for the Aged across the country
- ▶ Volunteer-based home care for older people (1st pilot in 2004 and continue program till now)
- ▶ Day Care Center for the Aged by DSW, MSWRR since 2013 and create enabling environment
- ▶ Conduct caregiver training for youth and active communities
- ▶ Older People Self-Help Group since 2009 in Myanmar and promote active ageing in the communities

Good Practices

- ▶ Madrid International Plan of Action on Ageing 2002-2022 (MIPAA) was agreed by the global community (159 countries) including Myanmar
- ▶ Myanmar has been in all MIPAA review process and improve in-country programme related to older people
- ▶ Plan of Action on ageing approved by the Cabinet 2014 July
- ▶ National Social Protection Strategic Plan 2014 December (including Social Pension and Replication of OPSHG as 2 main flagship programmes)

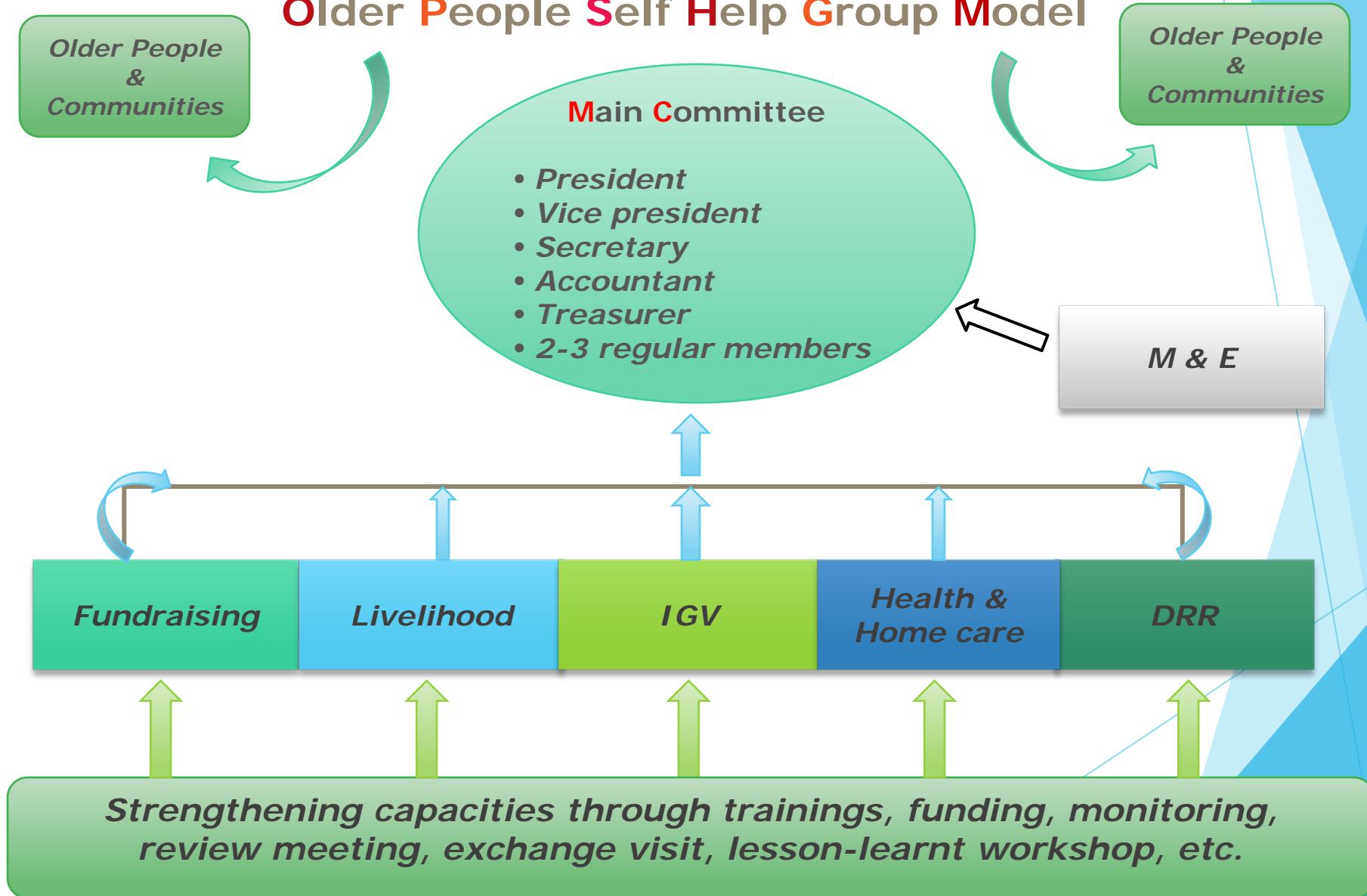
Good Practices

- ▶ Law Relating to Older Persons was enacted in December 2016
- ▶ Consultation process for formulating 20-year National Policy on Ageing and it will be finalized in 2017
- ▶ Rules to formulate Law Relating to Older Persons and will be finalized in 2017
- ▶ 5-year National Plan of Action on Ageing is under reviewing process through collaborative plan from different concerned ministries

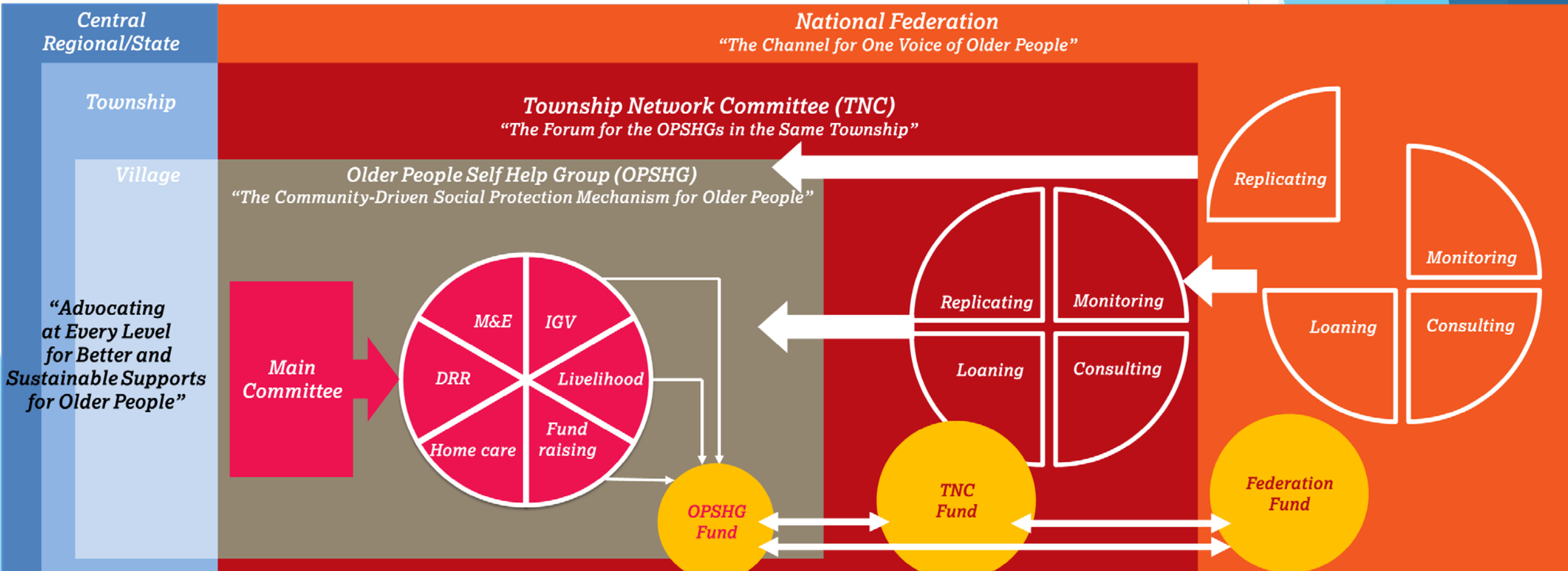
Good Practices

- ▶ Cash assistance (one-off) for 90+ and 100+ older people, universal coverage, starting from 2015-16 fiscal year
- ▶ Myanmar 1st Pilot cash transfer for older people in Kachin State and Ayeyarwaddy Region with the support of HelpAge International
- ▶ Historic 1st Myanmar National Social Pension delivery at 15th June 2017 as quarterly payment (10,000 MMK per month, about 7-8 USD per month)

Older People Self Help Group Model



Strategy for better well-being and active ageing in the communities



State/Region	Township	No of Villages	Male	Female	Total
2009-2011 KOICA-funded areas					
Ayeyarwaddy	KanGyi Daunt	5	94	109	203
Ayeyarwaddy	Pathein	5	92	139	231
Mandalay	PyinOoLwin	10	247	241	488
Ayeyarwaddy	ShweThaung Yan	10	273	300	573
Ayeyarwaddy	KyaikeLatt	10	132	214	346
Subtotal		40	838	1003	1841
2012-2014 KOICA-funded areas					
Ayeyarwaddy	KanGyi Daunt	5	121	151	272
Ayeyarwaddy	KyaikeLatt	8	118	185	303
Ayeyarwaddy	PatheinGyi	8	234	413	647
Yangon	East Dagon	2	26	76	102
Subtotal		23	499	825	1320
NSA Project (EU-funded areas)					
Kayin	PhaAhn	10	429	596	1025
Mon	Mawlamying	10	382	613	995
Subtotal		20	811	1209	2020
Funded by HAI and implemented by YWCA					
Kayin	ThaungDaung	10	141	217	358
2015-2017 KOICA-funded areas					
Ayeyarwaddy	Pathein	3	50	65	115
Yangon	East Dagon	5	95	142	237
Ayeyarwaddy	Dadaye	7	162	201	363
Mandalay	Madaya	10	154	223	377
Subtotal		25	461	631	1092
Total		118	2750	3885	6631
New OPSHG's formed by Township Network Committee		8			
Grand Total		126			

Challenges and Gaps

1. Budgetary constraints of the government
2. Capacity development needs at National/State/Regional /Township levels
3. Inadequate awareness among other key government ministries for mainstreaming older peoples' needs into their annual programmes

Challenges and Gaps

1. HelpAge International is the only organization supporting the Ministry to promote older peoples' rights to income security, better access to health and others in Myanmar
2. Needing attention of other NGOs/CSOs to mainstream older peoples' needs into their current & future programmes
3. Key donors are yet to put sufficient emphasis on the inclusion of older people
4. Budget constraints to replicate OPSHG model and reduce age ceiling of current National Social Pension for 90 plus OP

Recommendation on the areas of regional cooperation

1. Sharing experience & feedback from ASEAN member countries and like-minded organizations
2. Sharing ageing related information/experiences with inter-ministerial stakeholders
3. Initiatives to advocating with key government ministries about the inclusion of older people needs into their programme
4. International aid (technically and financially) to boost the government's initiatives for older people



